

Outline for Transformational Stories Presentation

Use the following guidelines when writing your story.

1. What obstacle or challenge did you face? What happened to put you in a dark place? Lead with this and keep it simple. *Example of an opening sentence: Three years ago, I lost a job that had been my lifeline for 20 years...*

2. What was the impact? Be concise with your answer but give enough detail so people really see how challenging this was. *Example: Suddenly not only was I without any income, I was also feeling the shock of losing an identity I had worn for decades...*

3. Was there a “wilderness period?” If so, describe that. *Example: After the shock wore off of being let go so abruptly, I sank into deep despair, alternating between resentment and fear....*

4. What was the turning point? What helped you to break through? *Example: Then one day, there was a turning point thanks to my best friend who never gave up on me....*

5. What elements were instrumental in your return? What Unity/New Thought principle(s) helped you? What classes, groups, spiritual practices, friends, etc. contributed to your healing journey? *Example: My friend brought me to Unity and I was amazed to hear the message that I could change my life. From there....*

6. What have you discovered about yourself? What insights have revealed themselves? Was there a gift in this situation that you have found? *Example: Throughout this ordeal, I had some real aha's that I am grateful to have received...*

7. Where are you now? *Example: As I look back on the person I was when I lost that job, I rejoice at the transformation that has happened. I am now*

Do it all within 5-7 minutes. Email me the outline at ministerunityspiritualcenterfl@gmail.com for feedback, at least 2 weeks prior to the date you will be presenting. Once we have the outline finalized, practice it until you can present it within the time frame.